Who we are

Tandem is here to give a voice to Victorians who support those with mental health challenges.

What we do

We are the Victorian peak body and the only organisation working solely for family, carers and supporters in mental health.

For 30 years, we have been advocating for the rights of family, carers and supporters in the Victorian Mental Health and Wellbeing System.

Our staff and members have our own experience of caring for or supporting someone. We bring our experiences and understanding to the work we do to change the system for the better.

We work together with governments, our partners and members towards better systems that support all people to thrive within their significant relationships and support networks.

We support family, carers and supporters' participation in the planning, delivery and evaluation of services for people with mental health challenges.

We administer the Carer Support Fund (CSF) which provides financial assistance to family, carers and supporters of people with mental health challenges in Victoria.

We operate the Support and Referral Line, providing advocacy and information regarding navigation of the National Disability Insurance Scheme (NDIS) and Mental Health and Wellbeing system.

Why Join Tandem?

Have your voice heard
Tandem advocates to Government on behalf of our members. Have your voice represented or become involved directly in activities to create change.

Be part of our community
Never feel like you're alone again. Connect with other people with similar experiences to you at our member events.

Get tailored support and information
Access information, support or referrals that are specific to your needs, including advice on your rights, help navigating the Mental Health and Wellbeing System or NDIS, or individual advocacy with mental health services.

We're stronger together
We need your voice. Together, our collective power can shape change. The more we grow, the more we can build awareness of the experiences and needs of family, carers and supporters within governments, health services and the communities in which we live.

Tandem's Support and Referral Line

Family, carers and supporters can use Tandem's Support and Referral line for non-urgent assistance.

Call us for free from 9am-5pm, Monday to Friday to:

- Speak with someone who understands your situation
- For information and support navigating the mental health and wellbeing system and NDIS
- Non-legal advocacy regarding your rights
- Seek support with NDIS access and plan issues

Call 1800 314 325
Monday to Friday
9am–5pm

Individual Membership Form

Surname

Given name(s)

Postcode

Mobile

Email (As part of your membership you will automatically receive Tandem's eNews)

Are you

a family member or friend supporting a person with mental health issues? Yes ☐ No ☐

of Aboriginal or Torres Strait Islander origin? Yes ☐ No ☐

a member of the family carer lived experience workforce? Yes ☐ No ☐

Signature

Date

Please complete and return this form to Tandem
Scan or photograph this form and email it to
membership@tandemcarers.org.au

Alternatively, use the QR code to fill out your application online

Organisation/Group Membership Form

Name of organisation

On behalf of this organisation or group

I, _____ , agree
Representative name

to be bound by the Tandem Inc. Rules of Association and I give consent for Tandem Inc. to use the contact details provided for mutual consent purposes.

Signature

Address

Suburb State Postcode

Mobile

Email (As part of your membership you will automatically receive Tandem's eNews)

Authorisation

I, _____ , nominate
Authorised Officer

the above to be our representative.

Signature

Date

Please see overleaf on how to submit this form.

Member benefits include

Tandem membership is free.

Join Tandem to access:

- Subscription to our monthly eNews and Members' Updates, keeping you informed of news on Victoria's mental health reform journey, changes to the NDIS and Tandem's advocacy work
- Invitations to exclusive member-only events
- Opportunities to take part in shaping Tandem's advocacy, through workshops and consultations
- The ability to nominate in the Tandem Awards
- Voting rights at Tandem members' meetings and at annual and special general meetings

Tandem respectfully acknowledges the traditional custodians of the lands and waters of Australia. Tandem is committed to working in partnership with Aboriginal communities to support the principles of self-determination, and ensure the voices of Aboriginal & Torres Strait Islander carers in Victoria are heard and considered.

We celebrate, value and include people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

Tandem acknowledges the support of the Victorian Government

Tandem is the Victorian member of Mental Health Carers Australia.

Tandem support and referral line
1800 314 325

T. 8803 5555
F. 8803 5599
E. info@tandemcarers.org.au
tandemcarers.org.au

Facebook – tandemcarers
Instagram – tandemcarers
Linkedin – tandemcarers
Twitter (X) – tandemcarers

Tandem. The trusted voice of family, carers and supporters in in mental health

tandem